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CANADIAN
MEDAL
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DARTMOUTH

**More than 1,500
applications for
300 IKEA jobs**



metroNEWS

Your essential daily news | WEDNESDAY, AUGUST 10, 2016

High 24°C/Low 17°C Partly cloudy

Kate Bagnell, 11, gets into the Olympic spirit on Tuesday. JEFF HARPER/METRO



CANADA CORNER

Halifax Central offers a slice of Rio to celebrate the Games
metroSPORTS

Development moves ahead

PEMBERLEY SUITES

**Affordable
housing under
threat from
new suites plan**



**Zane
Woodford**
Metro | Halifax

Halifax regional council voted Tuesday night to move forward with a controversial development.

About a dozen people spoke at the public hearing at Tuesday's special meeting of council — more than two thirds of them against the proposed 41-unit building at 8 Linden Lea in Dartmouth.

The development, dubbed Pemberley Suites, is proposed by Milestone Properties. It would mean the company's more affordable 12-unit building currently on the site would be torn down.

People who live on the quiet, unpaved Dartmouth street and

the ones surrounding it told council that the development would ruin a neighbourhood they consider to be a "hidden gem" near the downtown.

One young woman told council that her relatively cheap apartment on Linden Lea was the only reason she was able to stay in the municipality after finishing college.

Mark Bergman, president of Milestone Properties, told council the development would keep aging Dartmouthians in their current neighbourhood, and said several had already asked to be added to the waiting list.

Mayor Mike Savage was one of five councillors — along with Jennifer Watts, Wayne Mason, Gloria McCluskey and Lorelei Nicoll — to vote against the motion on Tuesday.

"It's a good development," Savage said. "I just couldn't find myself supporting it tonight."

Council approved bylaw amendments to allow the development. The project moves on to the area community council, which will vote on a development agreement.



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POLICE

No inquiry into man's death, says watchdog



Haley Ryan
Metro | Halifax

Nova Scotia's police watchdog will not be looking into the case of a man who died after an Eastern Passage fire, since there was no "interaction" with police and the victim.

Halifax RCMP have given no details about the case in which a fire heavily damaged a McKay Lane home after an apparent standoff between police and a man inside on Sunday. He was found dead inside the residence early Monday, according to various sources.

Director of the Serious Incident Response Team (SIRT), Ron MacDonald, said Tuesday he had been called on the matter but it didn't meet its mandate.

"If there's a situation where there's no evidence of any interaction between the police and the individual, then it doesn't meet our mandate as something that may have arisen from the actions of police," MacDonald said.

A neighbour told Metro on Monday that her partner had heard gunshots before the fire and she saw officers in SWAT gear, but it's unclear who was firing or what exactly happened during the standoff as RCMP have refused to comment.

Based on the facts as SIRT knows them, MacDonald said, police did show up at the home after a call but there was no interaction between the two parties.



RCMP investigate the fatal blaze. JEFF HARPER/METRO



Brooklyn Colling embraces her father, Master Seaman Robert Colling, after he disembarks from HMCS Windsor on Tuesday.

JEFF HARPER/METRO

Norwegian mission ends for navy crew

NATO

HMCS Windsor submariners return home to warm hugs



Zane Woodford
Metro | Halifax

After more than two months in cramped quarters aboard HMCS Windsor, 60 submariners are back on Canadian soil, and back in the arms of loved ones.

The Royal Canadian Navy submarine pulled up to the dock on

Tuesday afternoon after a 53-day deployment to the Norwegian Sea taking part in NATO Exercise Dynamic Mongoose.

"It was a long haul, but it's great to be home," said Matt Gray after reuniting with his family.

"It's a little up, down, crazy," said Gray's wife, Amanda MacKay. "You gotta get used to it. It is what it is and you deal with it."

As for life on the submarine, Gray has an apt analogy.

"I tell people it's like being on a bus with no windows," he said.

"You see the same 59 people day in and day out. You've just got to keep up the sense of humour."

Lt.-Cmdr. Peter Chu, the commanding officer of HMCS



It's always a challenge for the ship's company to have to be deployed a little bit longer. Ron Lloyd

Windsor, said the crew find ways to keep busy.

"We keep each other entertained and excited," he said. "We're a very close-knit family, and have a good time making sure that everyone's morale is high."

Chu said the crew stays busy with crib and euchre tournaments, and the cooks on board help out too, making "some outstanding desserts."

Commander of the Royal Canadian Navy, Vice-Admiral Ron

Lloyd, came down to the dock to see the sub come in on Tuesday to thank the sailors and their families after their deployment was extended.

"It's always a challenge for the ship's company to have to be deployed a little bit longer," he said.

"But it's more of a challenge for the young sons and daughters that have that date circled on their calendar, and they're counting down the number of sleeps until they get home."

BUDGET

Province reports lower deficit

Just seven months after Nova Scotia's government warned of troubling revenue declines, its finance minister has announced the final deficit number has plummeted \$87 million lower than original budget estimates.

Randy Delorey provided the \$10.7-million deficit figure in the consolidated financial statements released Tuesday.

He pointed to fresh numbers on revenues, with taxpayers chipping in about \$25.3 million more than original budget forecasts in income taxes, as part of the rosier picture.

"The 2015-2016 public accounts demonstrates we are on the right track and continue to move toward a sustainable, balanced budget," said Delorey.

The documents say expenses at the Health Department fell \$31.3 million, "primarily due to savings of \$28 million in capital grants as a result of delays with major construction projects."

Opposition critics pounced on the announcement as a signal of service cuts, and raised questions about why Delorey's pessimism in December evaporated after the Liberals pushed through wage restraint legislation.

Tim Houston, the Conservative finance critic, said he's not convinced the figures on rising tax revenues reflect a healthier economy, adding that at best Nova Scotia is "inching forward."

"I don't think any company would take great comfort. There is so much instability and swings in the numbers," he said.

NDP leader Gary Burrill said reductions came at the expense of nursing home budgets, a lack of new facilities for the elderly, and cuts to mental health support.

The finalized figures show the province has a debt of \$15.1 billion, up \$66.3 million from 2014-15. THE CANADIAN PRESS

EMERGENCY RESPONSE

Fire crews hold back out-of-control blaze

Fire crews are desperately holding back an out-of-control wildfire near Kejimikujik National Park, trying to keep it from growing ahead of hotter, windier weather expected to make the task even more difficult.

"What we are doing is hitting it hard as we can with every-

thing we got to keep it from growing," Jim Rudderham, the province's operations manager for forest protection, said Tuesday night.

"It's the biggest effort to put out a fire since I've been a supervisor here. It's big."

The wildfire, in the Seven

Mile Lake area, grew 100 hectares overnight Monday to roughly 240 hectares, but the more than 50 people on the front lines had been able to keep it from growing further, Rudderham said.

"Hopefully the weather will turn and we can gain on this fire.

(But) tomorrow's supposed to be a nicer day. That's bad for us," he said.

He added that the whole province is "very dry," and urged all Nova Scotians to be careful.

"Anything can start a fire," Rudderham said.

THE CANADIAN PRESS

AIR QUALITY WARNING

■ Much of mainland Nova Scotia received an air quality warning on Tuesday.

■ Residents could experience symptoms like increased coughing, throat irritation, headaches or shortness of breath. Children, seniors, and

those with cardiovascular or lung disease, such as asthma, are especially at risk.

■ Any health questions should be directed to 811, or go to airhealth.ca for tips on how to reduce your health risk. METRO

WEST STREET

Police ask for help to identify robber

Kristen Lipscombe
Metro | Halifax

Police are asking the public to help them identify a man who robbed a Halifax business two weeks ago.

The robbery happened at about 12:30 a.m. on July 29, when the assailant entered the business on the 5700 block of West Street, approached a staff member, pulled out a handgun and demanded money.

He took off with "an undisclosed amount of cash", according

ing to a Halifax Regional Police news release issued Tuesday.

He ran west and hopped into a mid-sized, white, four-door car and drove away, police said.

The suspect was described to police as a white man in his early 20s who appears to have a slim build and be about five-foot-nine. He was wearing a dark grey hoodie at the time of the crime.

Anyone who can identify him or has additional information is asked to call Halifax Regional Police at 902-490-5020 or Crime Stoppers anonymously at 1-800-222-TIPS-8477.



Images of the robbery suspect and his car.

HALIFAX REGIONAL POLICE/CONTRIBUTED

DARTMOUTH

Man robbed of phone

Police are looking for a man who robbed another man of his phone and assaulted him in Dartmouth Monday night.

Halifax Regional Police say they responded to a call in the area of Penhorn Mall, where a victim told them he was walking on Portland Street when he was approached by a man on a bicycle who asked to use his phone. The victim obliged, the man made a call, and then

pedalled away with the phone.

The victim caught up to the thief and attempted to get his phone back, but he was instead punched by the suspect, who then took off.

The suspect is described as a 25-year-old black man who appears to be about five-foot-ten. He had short brown hair, a muscular build, and was riding a black mountain bike.

METRO STAFF

CAR BREAK-INS

Thefts from vehicles up in Bedford, Halifax areas

Halifax Regional Police have received 15 reports of vehicle break-ins since Thursday, many in the Bedford and Halifax areas. "In most cases, the vehicles were left unlocked

with valuable objects left in plain sight," a release said. In three cases, the assailants used the door opener in the vehicle to access the garage and steal everything from a bicycle to food and drinks.

KRISTEN LIPSCOMBE/METRO



Ikea staff and Halifax Mayor Mike Savage break ground in Dartmouth on Tuesday. JEFF HARPER/METRO

Job seekers flood Ikea store with resumés

DARTMOUTH

Over 1,500 vie for 300 jobs at store opening in fall of 2017

Yvette d'Entremont
Metro | Halifax

Ground was just broken for the Ikea store slated to open next fall in Dartmouth Crossing, but already more than 1,500 have submitted applications to work there.

Ikea officials were joined by guests and media on Tuesday morning for an official ground-breaking event at the corner of Wright Avenue and

Countryview Lane.

During the event, Ikea Canada vice-president Dave McCabe told reporters the store, slated to open in the fall of 2017, will be 330,000 square feet, which is about the same size as four football fields.

"I'm really excited to say that with the ground-breaking today everything is on track, so in 12 to 14 months we'll be excited to welcome the first visitors to the new store," McCabe said.

There will be 300 new Ikea employees needed for the store.

Half of those will be full-time positions, although McCabe said all Ikea employees receive benefits.

Despite the fact the store site currently resembles a lunar landscape, McCabe said in an interview that they've already received more than 1,500 applications for those 300 jobs. He encouraged anyone passionate about home furnishings and customer service to apply.

"We expect many more applications, and the process will continue now into summer of next year," he said.

"We expect many more applications, and the process will continue now into summer of next year. Dave McCabe

McCabe said the overwhelming support of Halifax-area residents anxious to get their Ikea products have led them to open their first collection point in Canada. Effective Tuesday, anyone who shops at Ikea online can have their order shipped to the local collection point for a flat \$59 fee.

Get ready to see Ikea in your mailbox, because the company is also sending out copies of its catalogue to local residents for the first time beginning next week.

IKEA officials said the Dartmouth Crossing store will be constructed to operate as the most sustainable and the first LEED-certified IKEA store in Canada. It will also be the first to have a solar wall and a living wall featuring live plants.

CRIME

Murder suspect's 'subtle' arrest praised

A restaurateur has high praise for the Halifax police's subtle and low-key arrest of a Newfoundland man on the run from murder and arson charges.

"They walked in, no one even noticed. Subtle, quiet, professional," John Carvalho, owner of the Bluenose II restaurant in downtown Halifax, said Tuesday.

Chesley John Lucas, 23, had been wanted on first-degree murder, unlawful confinement, robbery and arson, and described by the Royal Newfoundland Constabulary as "armed

and dangerous."

Carvalho said the suspect had "kept his head down" while eating the restaurant's big breakfast, the Mariner's Special, at about 11 a.m.

There were about 50 people in the restaurant, with the owner himself in the kitchen when two officers walked in and quietly told the suspect he was under arrest, handcuffed him and led him out.

"It was unreal. If I sat in the kitchen an extra minute and a half I probably wouldn't even have noticed they'd been here," he said. "A lot of people didn't



Chesley John Lucas.

CONTRIBUTED

notice, just the close tables nearby."

Halifax police Const. Dianne

Woodworth said the arrest was carried out by members of the High Risk Enforcement Action Team of the Integrated Criminal Investigation Division, with the assistance of patrol officers.

Lucas is the fourth man arrested in the abduction and murder of 25-year-old Steven Miller in Conception Bay South.

The town of about 25,000 people, about a half-hour drive southwest of St. John's, was badly shaken by the killing, which Mayor Stephen Tessier described as being like "something out of a movie."

ROB ROBERTS/THE CANADIAN PRESS

Disease outbreak on naval frigate

MILITARY

Hand, foot and mouth disease aboard HMCS Charlottetown

A Canadian warship deployed at sea on a NATO mission has been hit by an outbreak of hand, foot and mouth disease, Torstar News Service has learned. Some 20 sailors aboard HMCS Charlottetown came down with the contagious disease in recent days, which can cause painful sores and lesions on the tongue and gums as well as on hands and feet.

A military spokesperson confirmed the outbreak and said that personnel were being treated to ease the symptoms of hand, foot and mouth disease (HFMD).

"Members with HFMD on

board HMCS Charlottetown are being treated to help alleviate their symptoms as required," Capt. Nicola LaMarre said.

The frigate sailed from Halifax on June 27 to take part in Operation Reassurance, Canada's contribution to NATO deterrence deployments in Eastern Europe.

In mid-July, the ship was in the Black Sea where it participated in NATO operations, including exercises to hone anti-submarine warfare skills.

It's back in the Mediterranean Sea and spent the weekend docked in Souda Bay, on the Greek island of Crete, for a scheduled port visit.

As HMCS Charlottetown returned to sea Tuesday, there were just two active cases of hand, foot and mouth disease on the frigate, LaMarre said.

"None of the cases of HFMD on board HMCS Charlottetown have caused serious illness or

MEDICAL CARE

Canadian frigates, which sail with a crew of just over 200, don't usually carry a doctor.

Medical care is provided by a physician's assistant, who can consult with doctors onshore.

There is no specific treatment for hand, foot and mouth disease, though medication can relieve the symptoms.

It can be spread by close personal contact, coughing, sneezing and touching infected surfaces.

impacted operations. All of the members are being treated by the medical personnel on board the ship in accordance with established medical protocols," she said. TORSTAR NEWS SERVICE

TRUDEAUMETRE

Promise tracker goes global

Lucie Edwardson
Metro | Calgary

The idea of a Calgary man to hold Prime Minister Trudeau accountable for his election promises has taken international flight.

Dom Bernard is the owner of Covosoft and creator of the TrudeauMetre — a non-partisan website that tracks the Prime Minister's election promises and

allows citizens to enter into a dialogue about them.

"People are always commenting on promises that matter to them," he said.

"There are some platforms out there that are more biased, but our website we made sure it was non-partisan — it's free and open to everyone."

It's not just free to Canadians either.

"People around the world have been contacting me," he said.

Websites using Bernard's idea, code and framework have since popped up in Argentina, Sweden and Jamaica. Bernard said there will also be one launching shortly in India.

So far on TrudeauMetre, Bernard and his team have seen action on 114 out of 220 promises made by Trudeau.

No progress has been made on 106 of them, 62 promises are in progress, 34 promises have been achieved and 18 broken.



Ugandan LGBTQ swimmers in Edmonton for international competition are thrilled to be seen as equals. KEVIN TUONG/FOR METRO

EQUALITY

Ugandan LGBTQ swimmers embrace opportunity to swim in Edmonton

Alex Boyd
Metro | Edmonton

When the police raid started, Adebayo Katiiti was on a nightclub runway, about to hand over his crown to Uganda's new Mr. Gay Pride.

"They started grabbing people, beating trans women, beating trans men, beating us up," he

said. "It was really too much."

That was last week.

This week, the personal trainer and football player is in Edmonton as part of a five-person Ugandan team competing in the International Gay and Lesbian Aquatic championships for the first time.

It's an abrupt change of scenery.

"Whenever I think about it, I even dream about it, it is always

on my mind," he said of the raid. "At least bringing me here to the competition, it's going to make me feel calm."

This is the first time a Ugandan team has been able to take part in IGLA.

While team members point out their country has a vibrant LGBTQ scene, same-sex activity is punishable by up to 14 years in prison, which has made public activism difficult.

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Actor portrayals.

Aleppo in dire situation

MIDDLE EAST

Besieged city in Syria is home to more than 250,000 people

Experts painted a graphic portrait of barrel bombings, attacks on medical facilities, chemical weapons use and the ongoing suffering inside the besieged Syrian city of Aleppo, shaming the international community for its inaction at an informal Security Council meeting organized by the United States.

Dr. Zaher Sahloul, a Syrian-American doctor from Chicago, told the meeting held Monday that medical facilities in eastern Aleppo are routinely targeted, creating a situation where people are dying from treatable conditions for lack of basic supplies.

Sahloul said he asked a nurse there what she wanted most from the United Nations and she replied that she wanted help evacuating a 10-year-old girl named Shahd who was wounded by a barrel bomb and is now dying due to a shortage



Karaj al-Hajz corridor in the rebel-held part of Aleppo, leading towards the government controlled area of the Masharqa neighbourhood in the background. AFP/GETTY IMAGES

of medicine.

"We don't need condemnations, prayers or pointing fingers, we had enough of that. I ask you to meet the people of Aleppo and see them as humans. I have one request, besides saving Shahd, visit Aleppo yourself and meet

with its doctors, nurses and patients. If three doctors from Chicago were able to do that, you can do it," Sahloul told diplomats.

Currently, more than 250,000 people are besieged by government forces in the eastern part of Aleppo, a city that has been

divided into rebel and government-controlled parts since 2012.

The government completely closed the main road into the rebel-held areas of Aleppo on July 17, effectively cutting off all supplies and exit routes.

Rebels breached the Syrian

BY THE NUMBERS

35

The number of physicians remaining in the city.

15

The number of health care facilities attacked in Aleppo in July alone.

government siege on opposition neighbourhoods in Aleppo on Saturday, opening a corridor in the south and marking a major military breakthrough, but observers said civilians still don't have a safe route out because of intense airstrikes and shelling.

The UN and its partners said they are "ready to roll" with aid to Syrians, but the deteriorating security in the country is keeping it from being delivered. Undersecretary-General Stephen O'Brien said the risk "has been too grave."

THE ASSOCIATED PRESS

ITALY

Pasta with a side of humanity

Police in Rome have come to the "rescue" of an elderly, quarrelling couple by cooking them two plates of pasta.

The 94-year-old man and the 89-year-old woman — married for nearly 70 years — were shouting and crying recently at their apartment in Rome. According to a police statement, the couple, named Jole and Michele, told the police they were lonely. So the officers set to work treating them to dinner, using the couple's tiny kitchen and what ingredients they had at their disposal: spaghetti, butter, cheese plus a "precious ingredient — all their humanity." THE ASSOCIATED PRESS



Jole, 94, and Michele, 89
THE ASSOCIATED PRESS

Trump makes crack about armed citizens stopping Hillary Clinton

Even by Donald Trump standards, this was a surreal campaign controversy.

After suggesting for days that the election might be stolen from him, the Republican nominee Tuesday appeared to joke about armed citizens stopping his opponent Hillary Clinton.

Democrats called his language dangerous. Trump said his remarks at a rally were misinterpreted. Republicans lamented another wasted campaign day stuck in controversy.

Trump was lamenting to supporters about what might happen if his opponent won and re-

shaped the Supreme Court with liberal judges, who would then undo constitutional gun rights: "If she gets to pick her judges, nothing you can do, folks."

"Although (with) the Second Amendment people, maybe there is, I don't know."

THE ASSOCIATED PRESS



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ROSEMARY WESTWOOD ON CAMPUS SEXUAL ASSAULT

A new report obtained by Metro suggests that Ontario's widely lauded sexual assault law, which has formed the basis of similar bills in B.C. and Manitoba, will direct schools to focus resources in the wrong places.

If you had any doubt that Canadian universities are woefully ill-equipped and objectively ineffective at dealing with sexual violence, we now have research to prove it.

It's a fact that media investigations have revealed in recent years that sexual violence advocates and survivors know all too well.

And it's now borne out by the most comprehensive report on experiences of campus sexual violence completed in this country.

"The Response to Sexual Violence at Ontario University Campuses," a scathing, 56-page research report, has been obtained by Metro. The result of an independent investigation funded by the Ontario government, it calls for a "massive change" in how schools handle sexual violence, says principal investigator Dawn Moore, an associate professor of law at Carleton.

The report singles out five distinct, broad areas of concern and makes 18 specific recommendations to fix them, including the creation of anonymous sexual-violence reporting systems on campuses and an independent, community-based oversight body to review universities' responses to sexual violence.

Perhaps most troubling for governments seeking to legislate change, the report suggests that Ontario's Bill 32, the widely lauded sexual assault policy that has formed the basis of similar bills in B.C. and Manitoba, will direct schools to focus resources in the wrong places.

The five major findings:

1. There are pervasive rape myths on campuses, and staff often blame victims or discount their stories. The common university "risk-management approach" frames survivors as a problem to be solved

2. Survivor-centred poli-

cies, while intended to give victims of sexual violence agency, actually function to silence and minimize rape on campus

3. "Institutional silos" at schools create a "frustrating bureaucratic nightmare" for survivors and, at worst, "justify inaction by respective units throughout the university"

4. A broad lack of educa-

widespread systematic failure to make campuses safer and support those who are harmed by sexual violence.

"A defining feature of university responses to sexual violence is the absence of formal reports," the researchers concluded — a fact that administrators attribute to the wishes of survivors who prefer "informal remedies." Not only do those remedies often



PROGRESS? A student wears a "No means no" badge at a rally at Saint Mary's University in 2013. A new report has dealt scathing rebukes at government reforms aimed at curbing rape culture at Canadian universities. THE CANADIAN PRESS FILE

tion for students and training for staff on healthy sexuality and sexual violence perpetuates rape myths

5. Survivor resources are both difficult to access and poorly staffed.

Over four months, from this past March to June, the research team completed an extensive review of existing literature, and noted a disturbing lack of comprehensive campus sexual-violence studies in Canada. They conducted site-specific research at three universities — Carleton, Lakehead, and Waterloo — where they interviewed sexual-assault survivors, administrators and service providers, campus security and police, and students. What surfaced was an insidious and

prove lacking, but the lack of formal reports deliver a silencing effect, giving schools an excuse not to collect data that would more accurately represent the prevalence of sexual violence.

When survivors do report, they feel "bounced around" between "sexual assault centres, equity offices, health and counselling, academic support services, deans and VP students as well as campus security," none of which "appear to be in conversation with each other, even when it was about individual cases," the report concludes. The researchers found no system to monitor disclosures of sexual violence, and no system for consistent information sharing at any of the

schools. In effect, no one is tracking perpetrators.

Better reporting is a cornerstone of the Ontario Liberals' new bill on sexual violence on campus, and then B.C.'s and Manitoba's. But while the report certainly calls for a more streamlined process, it also suggests universities should "move beyond" this effort and "concentrate more on service provision, informal remedies and the prevention of sexual assault."

Since so few survivors want to make formal reports, schools have a better shot at serving them via counselling and health services, academic help and safety plans that help survivors avoid their abusers, researchers concluded.

Dawn Moore, the principal investigator, said she's cautiously optimistic the report will be translated into on-the-ground changes, and she cited this particular cultural moment around sexual assault: "In the 20 years I worked on violence against women, this is the first moment in history where I've felt like maybe we have a chance," she said.

To that end, a spokesperson for the Ministry of Community Safety and Correctional Services, which is reviewing the report, told Metro, "This research may help us identify gaps and potential best practices and support the development of tools to improve police responses and investigations across the province."

At the highest level, Moore said, she hopes the report forces "universities to stop thinking about sexual violence as a risk to be managed."

And at the very least, it's given lie to years of lip service that universities are doing all they can to help survivors of sexual violence, and end campus rape.



Liberals' economic goals depend on world forces



Paul Wells

But enough of summer silly-season stories. Justin Trudeau's biggest problem isn't that he has spent August wearing only half his clothes. It's that Canada has spent 2016 wearing only half its economic growth.

The other day I caught up with a Liberal who's involved in preparing next spring's federal budget. It's supposed to be the fun one. New governments' first budgets are normally delivered within only a few months after an election by rookies unsure of their roles, offering only tweaks to the previous government's assumptions and work habits. With the second budget, a government can begin to etch its philosophy into the books.

Finance Minister Bill Morneau's budget next February or March will lay out the details of Phase Two of the government's infrastructure plan, dozens of billions of dollars in new money for high-profile city-building projects, big new transit projects, and the like. Other measures should describe the transition to a lower-carbon, higher-innovation economy. All of this is what the Liberals suppose they were elected to do.

So why was my acquaintance so glum? Low growth.

"We say that everything we do, taken together, will add a point to GDP growth," this person said. "Well, first, we'll see whether we can do that. But, second, it depends what level of growth we're given by the global economy. ... It doesn't help all that much if that means growth goes from 1 per cent to 2 per cent."

When the Liberals wrote their election platform in the spring of 2015, the Bank of Canada was projecting 2.5 per

cent GDP growth for 2016. By last October, the bank had cut the projection to 2 per cent. Last month, the bank revised down again, to 1.3 per cent.

Compare and contrast. For four wild years at the end of the 1990s, from 1997 to 2000, GDP growth soared between 4 and 5 per cent. Those were the days when Jean Chrétien and Martin launched the Canada Foundation for Innovation and the Vancouver Agreement, cut income taxes by an amount comparable to Stephen Harper's later GST cut, and still managed to sharply increase cash transfers to the provinces.

Those heady achievements were fuelled by collapsing interest rates, the first internet tech boom, and the happy coincidence that Ontario was tucked into the middle of the United States during a rampaging economic recovery.

None of this can be said today. Interest rates aren't going much lower. There's a sense that tech has coughed up all the productivity gains it could have offered. And while Hillary Clinton's election seems likelier every day, she has no magic plan to boost growth in our largest export market.

There is only so much any Canadian government can do to influence the country's economy; we are captive to world trends. And sharply limited growth would put a low ceiling on all the Trudeau government's aspirations.

In two weeks Trudeau's cabinet will travel to northern Ontario for the third in a series of quarterly retreats. The first two were relaxed and upbeat. This one will have an edge. The boss plainly took care to ensure he enjoyed his summer. Here's hoping the rest of them did too. Recess is over.

Paul Wells is a national politics columnist for the Toronto Star.

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A look behind mushroom magic

CONSUMER KNOWLEDGE

Company says it can block bitter taste — is that possible?

Genna Buck
Metro Canada



It's a simple, smart business idea that addresses a real need.

ClearTaste, an odourless, tasteless food additive derived from mushrooms, blocks the action of bitter taste receptors on the tongue, making bitter, sour, and astringent foods more palatable.

Adding it to naturally bitter foods like chocolate, according to the Colorado-based producer, MycoTechnology, allows the sugar content to be reduced by 50 to 90 per cent.

In an interview, MycoTechnology's marketing director Josh Hahn declined to describe ClearTaste's chemical composition, exact mechanism of action, or, citing trade secrets, the types of mushrooms it contains.

And the company's scientists haven't published any peer-reviewed research yet, although they're at work on a paper now.

This poses a bit of a pickle for consumers. Without much information to go on, it can be hard to evaluate whether a prod-

uct's claims are supported by sound science.

ClearTaste is already on the shelves in U.S. processed foods, and it's expected to arrive in Canada as soon as this fall.

Marketed as a "universal bitter blocker," a boon for diabetics and healthy eaters, ClearTaste has been the subject of some breathless media reports.

"Researchers have finally discovered the key to naturally stripping sugar from all our foods," gushed Atlantic Media's Quartz site. "This All-Natural Solution Could Curb Our Sugar Addiction," enthused PSFK.com.

But Dr. Prashen Chelikani, a professor of oral biology who runs a lab at the University of Manitoba that develops bitter blockers, had a word of caution about the phrase "universal bitter blocker."

"In humans we have 25 bitter taste receptors," he said. "If it's blocking all 25, they can classify it as a universal bitter blocker. Right now, I don't know of a blocker that can block all 25 receptors."

ClearTaste most likely contains one or more of the 13 bitter blockers currently known to science, Chelikani explained, and perhaps something else that blocks sour receptors (those are a totally different thing, structurally speaking).

But there's no way to know unless the company publishes

that information, he said, and "some companies don't publish."

MycoTechnology CEO Alan Hahn said the company plans to protect ClearTaste with some combination of patents — where-by more information about how it's made and what it contains would be made public — and trade secrets, which are, as the name suggests, secrets.

When pressed on the term "universal bitter blocker," he clarified that the product is "functionally universal": It works on all the bitter foods and drinks the company has tried it in. However, it's not technically universal, because it doesn't block all 25 receptors.

University of Toronto genetics professor and open innovation advocate Aled Edwards encouraged consumers to be skeptical of all natural health remedies and functional foods, not just bitter blockers.

"Science is used as a marketing tool, not as a discipline."

MycoTechnology's work raises interesting questions about sharing scientific knowledge in the public interest, because there are important applications for bitter blockers.

For example, children's tolerance for bitter medications is very low, and though nasty-tasting meds are masked with sweeteners, that only works up to a point, Chelikani said.

Plus, he said, bitter receptors exist in other parts of the body, like the gut. Their function is still being discovered. But they could become important drug targets in the future.

Hahn didn't have much to say about the possibility of other applications of the chemicals in ClearTaste. The company is focused on foods for now. "If there are other applications, we'd like to understand what the

possibilities are. It really depends," he said.



Illustration: Companies like MycoTechnology, which makes bitter blockers using mushrooms, keep a lot of their science to themselves. This makes it hard for consumers to evaluate whether claims are supported by evidence. ISTOCK

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ROSE REISMAN THE SAVVY EATER

THIS WEEK: Hot dogs

If summer outings have you indulging in one too many hot dogs, swap it for the occasional veggie dog.

PICK THIS

Yves Veggie Dogs (without bun)

Calories 50
Fat 1g
Sodium 320mg



SKIP THIS

Maple Leaf Top Dogs Original BBQ Size (without bun)

Calories 160
Fat 14g
Sodium 480mg



HERE'S WHY



Correction: Last week's column incorrectly stated that the Dairy Queen Cotton Candy Blizzard was equivalent to two 2L bottles of Coke in sugar; it should have stated two 16oz bottles of Coke in sugar.

Equivalent to three 6" Roast Beef subs from Subway in fat

From ballgames to BBQs, hot dogs are a popular and easy pick in the summer, but I urge you to limit these processed forms of meat. These hot dogs are made with mechanically separated chicken, pork and beef, and also contain sodium nitrite, which has been linked to an increased risk of certain cancers. They also have three times more calories and a third more sodium than the veggie dog, which has virtually no fat compared to the hot dog.

RECIPE

A refreshing way to sip your greens

You may be tempted to grimace. But this perfect refreshing summer soup from the Serious Eats food blog is pretty and simple to make. Soup is a tasty way to change things up and still get your greens. It's also a good way to use those sad leaves accumulating at the bottom of your crisper. Experiment with mixed lettuces, arugula and watercress; avoid tasteless iceberg.



Lettuce soup from SeriousEats.com. TORSTAR

Hot or cold creamy lettuce soup

Ingredients:

- 2 tbsp (30 mL) butter
- 1 medium onion, chopped
- 4 cloves garlic, sliced
- 2 cups (500 mL) vegetable or chicken stock
- 4 cups (1L) tightly packed lettuce, core and roots trimmed and leaves torn
- 1/4 cup (60 mL) parsley leaves
- Fresh lemon juice, to taste
- Kosher salt and freshly-ground pepper, to taste
- Optional garnishes: crispy crumbled bacon, halved grape tomatoes, sprigs of cilantro or parsley

Directions:

1. In a large saucepan, melt butter over medium heat until foamy. Add onion and garlic and cook until softened, about 3 minutes. Add stock and simmer until vegetables are very tender, about 8 minutes. Add lettuce and parsley and simmer until wilted and soft, 2 to 3 minutes.

2. Transfer to blender in batches and blend, starting at lowest speed and increasing to high, until soup is smooth and creamy. If too thick, add stock. Season with lemon juice, salt and pepper. Garnish and serve.

TORSTAR NEWS SERVICE

FOOD BRIEF

Toast the Olympics with a Brazilian spirit

When it comes to a post-performance liquid our Olympic athletes in Brazil may have to contend with cachaça (kah-SHAH-sa): Brazil's most popular alcohol-based beverage.

Though made with sugarcane juice (rather than molasses like most rums) cachaça often gets lumped in with the rum category much to the chagrin of Brazilians who consider it a more refined spirit.

Refined may be a bit of an overstatement. Taken straight cachaça can taste like it's been filtered through a used sweat sock. That's why, here in Canada, versions like the surprisingly smooth Leblon Cachaça (700ml, \$37.29-\$38.33) are used more as the base for tropical-style drinks. The simple to make caipirinha (kay-peer-EEN-yah) is Brazil's national cocktail. Just muddle half a lime cut into wedges with a half teaspoon of sugar then add the cachaça and some ice.

PETER ROCKWELL/METRO



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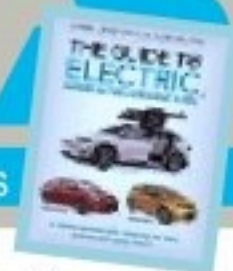
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Family-friendly weekend warrior



REVIEW

New Crosstrek great on trails, but a bit blah in the city



Dan Ilika
AutoGuide.com

A void was left in the market when the Honda Element was scrapped, one that was quickly filled by the Subaru Crosstrek.

Both took aim at the adventurous type, or at least those who like to project that image. From getting groceries to getting outdoors, you'd be hard-pressed to find better family-friendly weekend warriors.

Unlike the Element, though, the Crosstrek is usable for more than just looking like the boxes you're carrying behind the tailgate. It offers the ride height and commanding view of the road consumers crave. And unlike its competitors, the Crosstrek gets its bones from the compact Impreza, giving it a leg up when it comes to versatility.

The Crosstrek may look like an Impreza hatch with a bunch of plastic bits bolted to the side, but it's much more than that — kind of. Yes, the two share the same powertrain and basic architecture, but the Crosstrek sets itself apart from its platform mate almost immediately. Its wheelbase is about half an inch shorter than the Impreza hatch, and it rides much higher, with the Crosstrek's 8.7 inches

of ground clearance matching the likes of the Jeep Cherokee when it comes to clearing obstacles.

The fender flares and body cladding — that stuff's mostly just for show. But the all-wheel drive and locking centre differential that promises a 50/50 torque split — those are the real deal, and they bring a certain level of legitimacy here.

The Crosstrek comes alive when the trail begins, and feels confident that it can tackle just about any terrain. Its engine isn't the most powerful, but it's more than enough for light trail duty, while the standard five-speed manual allows for the torque control necessary to negotiate less-travelled paths. The locking centre diff fights off any loss of traction that inevitably occurs, and the suspension has enough travel to handle all sorts of rocks, ruts and roots.

So where does it go wrong?

Get back to the asphalt and the Crosstrek loses almost all its personality. The chassis and drivetrain that is so communicative on the trail simply isn't on the road, getting lost somewhere on the way and leaving the Crosstrek feeling like a pretty pedestrian compact that offers very little to get excited about.

The Crosstrek's saving grace when it's back to civilization is its versatile interior. It's spacious and comfortable, and can haul around just about anything you'd want, because unlike the subcompact-based competition, the Crosstrek's larger dimensions translate into more passenger and cargo room.

THE CHECKLIST | 2016 SUBARU CROSSTREK MANUAL

THE BASICS

Engine: 2.0L four-cylinder
Power: 148 hp, 145 lb-ft
Transmission: Five-speed manual; CVT
Fuel Economy: 10.2 L/100 km city, 7.7 L/100 km hwy (manual)
Price: Starts at \$24,995 (before freight)



LOVE IT

- Impressive offroad ability
- Interior versatility

LEAVE IT

- Underpowered engine
- Five-speed manual
- STARLINK smartphone interface

THE TOP 6@6

LAST NIGHT ON 101.3 VIRGIN RADIO:

- 6 Fifth Harmony ft. Fetty Wap
All In My Head
- 5 Kungs vs Cookin' On 3 Burners
This Girl
- 4 Glenn Morrison ft Evelyn
I'm The King
- 3 Major Lazer ft. Justin Bieber
Cold Water
- 2 Britney Spears ft G-Eazy
Make Me
- 1 DJ Khaled ft. Drake
For Free



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1	5	6	3	9	7	2	8	4
3	7	9	4	2	8	6	1	5
8	2	4	5	1	6	3	7	9
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Montreal's Eugenie Bouchard and Ottawa's Gaby Dabrowski were ousted from doubles following a loss to Lucie Safarova and Barbora Strycova

Canada cast in bronze

RIO2016

Third-place diving finish keeps medals rushing in

Divers Roseline Filion and Meaghan Benfeito kept Canada's medal streak going at the Rio Summer Games with another bronze medal.

Filion, of Laval, Que., and Benfeito, of Montreal, were third in the women's 10-metre synchronized diving event Tuesday. They were fifth heading into the final round, but a botched dive by the North Koreans gave Filion and Benfeito an opening for a podium finish.

And they nailed it on their final dive — an inward 3-1/2 somersault — for a score of 80.64 points to finish with 336.18 overall behind two Chinese teams. Filion and Benfeito, who were bronze medalists four years ago in London, gave Canada its fourth bronze medal and fifth overall.

"It was crazy. We knew we needed a really good dive on the last one to have a chance at the podium," Filion said. "We went up there really calm, looked at each other and told each other, 'We got this,' and we ended up with a great last dive."

Canada's only non-bronze medal came in the swimming pool, a silver captured by 16-year-old Penny Oleksiak in the women's 100-metre butterfly final on Sunday. Canadian athletes have won at least one medal on each day of competi-

tion so far.

Filion and Benfeito make up half of the "Fab IV" on Canada's diving team. Filion, Benfeito, Jennifer Abel and Pamela Ware all have medal potential in Rio as Abel and Ware missed the podium in the three-metre synchro by less than a point.

"Fab" is an acronym — F for Filion, A for Abel, B for Benfeito, and the Roman numeral IV is a stylized W for Ware. All four women will now shift their focus to the individual events.

The competition was held outdoors for the first time since the 1992 Barcelona Games.

Meanwhile in Brasilia, the Canadian women's soccer team exorcised some demons with a 2-1 win over Germany to conclude the preliminary round. Melissa Tancredi had both goals as Canada withstood a late barrage from the second-ranked Germans to improve to 3-0-0 to finish atop Group F. More importantly, Canada earned its first win in 13 games against Germany.

"I am just proud of this team," Tancredi said. "To be able to put two goals past a tier-one opponent and really state our spot in this tournament is really huge for us."

Both teams had already clinched quarter-final berths. The Canadians will play the runner-up in Group G on Friday in Sao Paulo.

THE CANADIAN PRESS

WATER COLOUR
The colour of the water in the diving pool Tuesday was a putrid green and there was no immediate word on what caused the colour change.

GETTY IMAGES

GETTY IMAGES



1 Canadians take one from hosts — Canada's Ben Saxton and Chaim Schalk earned a three-set win over Brazilians Evandro Goncalves Oliveira Junior and Pedro Solberg in beach volleyball.

2 Quebec City judoka stuck on bronze — Antoine Valois-Fortier came up short in his bid for a second straight Olympic judo bronze. The 26-year-old from Quebec City lost his repechage match to Japan's Takanori Nagase in the men's 81-kilogram event.

3 Serena eliminated in Round 3 — Serena Williams was eliminated from the women's singles tournament in a straight-sets loss to Ukraine's Elina Svitolina.

4 Wei makes weightlifting history — China's Deng Wei won Olympic gold and set a world record in women's weightlifting, hoisting 147 kilograms in the clean and jerk and 115 in the snatch for a total of 262. Her clean and jerk lift also broke her world record by one kilogram.

THE CANADIAN PRESS/THE ASSOCIATED PRESS; PHOTOS BY GETTY IMAGES



3



2



4

RIO In brief

Kiwi rugby hopes cloudy

Sonny Bill Williams was helped off the field with an injured left ankle during New Zealand's shocking 14-12 loss to Japan in its first game of rugby sevens at the Olympics.

The 12-time world series champions and one of the leading contenders for the first rugby medals awarded at an Olympics in 92 years, the New Zealanders struggled against the high-energy team from Japan.



Sonny Bill Williams

GETTY IMAGES

Marta's big moment

While Neymar has been a disappointment for the Brazilian men's soccer team, Marta has been a revelation.

Playing in front of her home fans in the Olympics has given Marta Vieira da Silva her chance to shine. She had two goals in a victory over Sweden on Sunday before Tuesday night's match against South Africa.



Marta

GETTY IMAGES

A first for judo in Ghana

Hungarian-born Szandra Szogedi made history when she stepped onto the judo mat becoming the first female judoka to represent the African nation Ghana after obtaining Ghanaian citizenship through her husband.

Facing Brazilian Mariana Silva in the first round, Szogedi had to deal with a partisan crowd and after less than two minutes, the fight was over: Silva took Szogedi down and caught her in a stranglehold. After the fight, a tearful Szogedi said she was "gutted" and that training four years for so little time on the mat was devastating.

THE ASSOCIATED PRESS



Szandra Szogedi

GETTY IMAGES

Former first-round NFL draft pick and 2007 Heisman Trophy winner Tim Tebow plans to hold a workout for MLB teams this month

Book it to the library to celebrate Games

COMMUNITY

Halifax Central hosts Canada Corner for Rio 2016 viewing



Haley Ryan
Metro | Halifax

A slice of Rio has come to the Halifax Central Library.

From Tuesday through Aug. 19, Canada Corner will be set up in the Creative Lab on the second level, the kids' floor of the library facing Spring Garden Road, with two TV sets, Canadian flags, and couches for anyone to drop in and watch coverage of the 2016 Summer Olympic Games and cheer on local athletes.

"These are our neighbours who are competing and representing Nova Scotia, and their city and their families," Ken Bagnell, president of Canadian Sports Centre Atlantic, said Tuesday. The centre created the sporty space with Halifax Public Libraries.

Bagnell said it's easy to lose sight of that positive message when much of the conversation has been about the Russian doping controversy, and challenges such as water pollution and corruption in Rio itself.

"The kids (who've) come up



Kate Bagnell, 11, watches Rio 2016 at Canada Corner, located inside the Halifax Central Library, on Tuesday. JEFF HARPER/METRO

through minor sport here in Nova Scotia are representing Canada, and so we want to celebrate them and their accomplishments," he said.

Bagnell said although they've held similar Canada Corners in Halifax before at movie theatres, the Central Library is an "optimal place" for people to gather from 10 a.m. to 4 p.m. daily during this year's Olympics.

Besides showing CBC coverage of the Olympics, Bagnell said there will be visits from national team athletes including bobsledder Luke Demetre,

kayaker Hannah Vaughan, and hockey player Jillian Saulnier.

Cheering parties with big screens in Paul O'Regan Hall are scheduled for Dartmouth gymnast Ellie Black on Thursday, and on Aug. 19 for kayakers Mark de Jonge and Genevieve Orton.

There was also a Training Ground event set up Tuesday with another scheduled for next Wednesday, when anyone can try their hand at racing through pylons, measuring their best long jump, and taking photos on a real podium.

Callum Walsh, 8, along with younger brothers Declan, 6, and Nolan, 4, raced through the Training Ground Tuesday and said they have been watching diving, rowing, and swimming events at the Olympics so far.

Declan added he's more partial to gymnastics and would like to be in the Olympics some day "because you can swing on the bars and do all kinds of flips."

Although the brothers all said they liked watching Team Canada perform, Callum pointed out "the boys have not got a single medal."

NHL

Weber focused on helping Habs win

Shea Weber knows all about the outrage Canadiens fans expressed when he was traded by the Nashville Predators to Montreal for the popular P.K. Subban.

And the big defenceman knows his every move will be scrutinized and compared to the flashy Subban, at least in his first season in the Canadiens' red, white and blue.

But the 11-year veteran made it clear Monday in his first meeting with the Montreal media since the June 29 trade that none of that will rattle him.

"I'm not really worried about that," said Weber, who participated in coach Michel Therrien's

annual charity golf tournament. "I'm here to help this team win games."

"I think we've put together a really good team that can compete this year and I'm looking forward to fitting into this group. It's an exciting time. I understand that P.K. is a very popular player here and the fans are really passionate, so hopefully I can come here and help this team win."

Weber arrived this week and got to put on his No. 6 Canadiens jersey for the first time as he met some of his new teammates on a visit to the club's training centre. THE CANADIAN PRESS

We can't control what's being said. We're excited about the team we're going to ice.

Max Pacioretty

MLB

Fielder will have to quit playing: Source

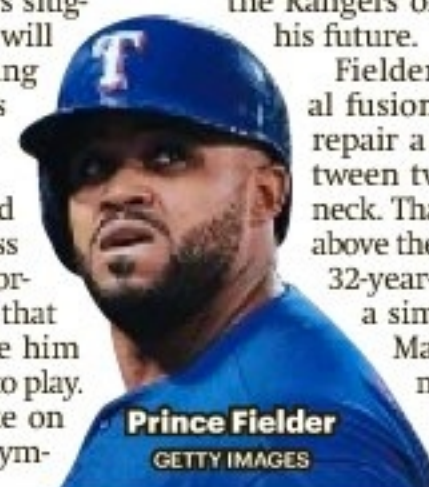
A person with direct knowledge of the medical decision says Texas Rangers slugger Prince Fielder will have to quit playing baseball after his second neck surgery.

That person told The Associated Press that Fielder isn't formally retiring, but that doctors won't give him medical clearance to play. That person spoke on condition of anonymity

Tuesday because there was no official announcement from the Rangers or Fielder about his future.

Fielder had a cervical fusion on July 29 to repair a herniation between two disks in his neck. That was done just above the area where the 32-year-old Fielder had a similar surgery in May 2014, just 26 months earlier.

THE ASSOCIATED PRESS



Prince Fielder
GETTY IMAGES

HOCKEY

Crosby makes house call for Enfield fan

Darryl Pottie planted a plywood sign outside his Enfield home early last month with a plea: "Sid please sign my jersey." Two-time Stanley Cup-winner Sidney Crosby was visiting his nearby hometown, Cole Harbour, and Pottie hoped Crosby might drive by and spot the sign.

Pottie took the sign down a week later, so was surprised when his wife sent him an e-mail at work last Friday with a photo of Crosby with his 21-year-old daughter — in their living room. Pottie spoke to Canadian Press reporter Adina Bresge about the visit, and the media

frenzy that followed:

CP: How did your wife, Patricia, react when she opened the door to find Crosby on the other side?

Pottie: She peeked out the side-light of the door and her jaw dropped ... It was a scorcher of a day that day, and she had jumped in the pool a little bit earlier. She was cleaning the house (in a bikini) and she had flour and baking powder on her. Thankfully, my youngest daughter, Madisyn, was here too and she came to Patricia's rescue. Her and Sid had a good chit chat.



Sidney Crosby
GETTY IMAGES

CP: What was your reaction when you found out?

Pottie: I get an e-mail (from my wife). She says, 'Look who popped in.' I opened it up and I see a picture of my daughter — right away that hits me — and then I look to see who's beside her. I'm thinking, 'Where did Madisyn get a picture of Sidney Crosby?' I'm looking harder at the picture, and I'm going, 'Wait

a minute. That's my living room. He's in my house! This picture was taken in my house!'

CP: Were you disappointed you didn't get to meet him?

Pottie: At first, sure, I was a little bit disappointed. But when I came home, and I looked at the jerseys that he signed — he signed a couple of team jerseys that I have, he signed a couple of pictures for my daughter, and most importantly, he signed my on-ice game jersey that he had worn on the ice. I'm thinking, 'Man, how can a fella ever be disappointed?' THE CANADIAN PRESS

NFL IN BRIEF

Broncos hold off on naming their starting quarterback

Gary Kubiak was expected to announce his starting quarterback Tuesday morning for Denver's pre-season opener. The Broncos coach instead dragged out the drama another 24 hours.

The No. 1 quarterback for the defending Super Bowl champs — veteran Mark Sanchez or Trevor Siemian — has yet to be named with a game at Chicago on Thursday night.

THE ASSOCIATED PRESS

Cancelled Hall of Fame game sparks lawsuit talk

Several fans who travelled to Canton, Ohio, for the Hall of Fame game that was cancelled on Sunday night because of poor field conditions are planning to sue the NFL and the hall.

Attorney Michael Avenatti told The Associated Press on Tuesday that no fewer than 20 individuals have approached him about a class-action lawsuit.

THE ASSOCIATED PRESS

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RECIPE Asian Lettuce Wraps



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

The zing of ginger and garlic and crunch of cashews make these Asian lettuce wraps better than any takeout you can throw at them.

Ready in 10 minutes

Prep time: 10 minutes
Serves: 4

Ingredients

- 1 lb (ground turkey)
- 1 Tbsp of vegetable oil
- 1 red pepper, diced
- 1/2 cup water chestnuts, diced
- 2 scallions, chopped
- 1 clove of garlic, minced
- 1 tsp ginger, minced
- 1 Tbsp rice vinegar
- 1 Tbsp soy sauce
- 1 Tbsp Sriracha
- 1 head of Boston or bibb lettuce
- small handful of cilantro, chopped
- small handful of unsalted

cashews, chopped

Directions

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.
2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.
3. Check that the turkey has cooked through. Put the mixture in a serving bowl.
4. Place the meat, whole lettuce leaves, chopped cilantro and nuts on the table and let everyone assemble their lettuce wraps.

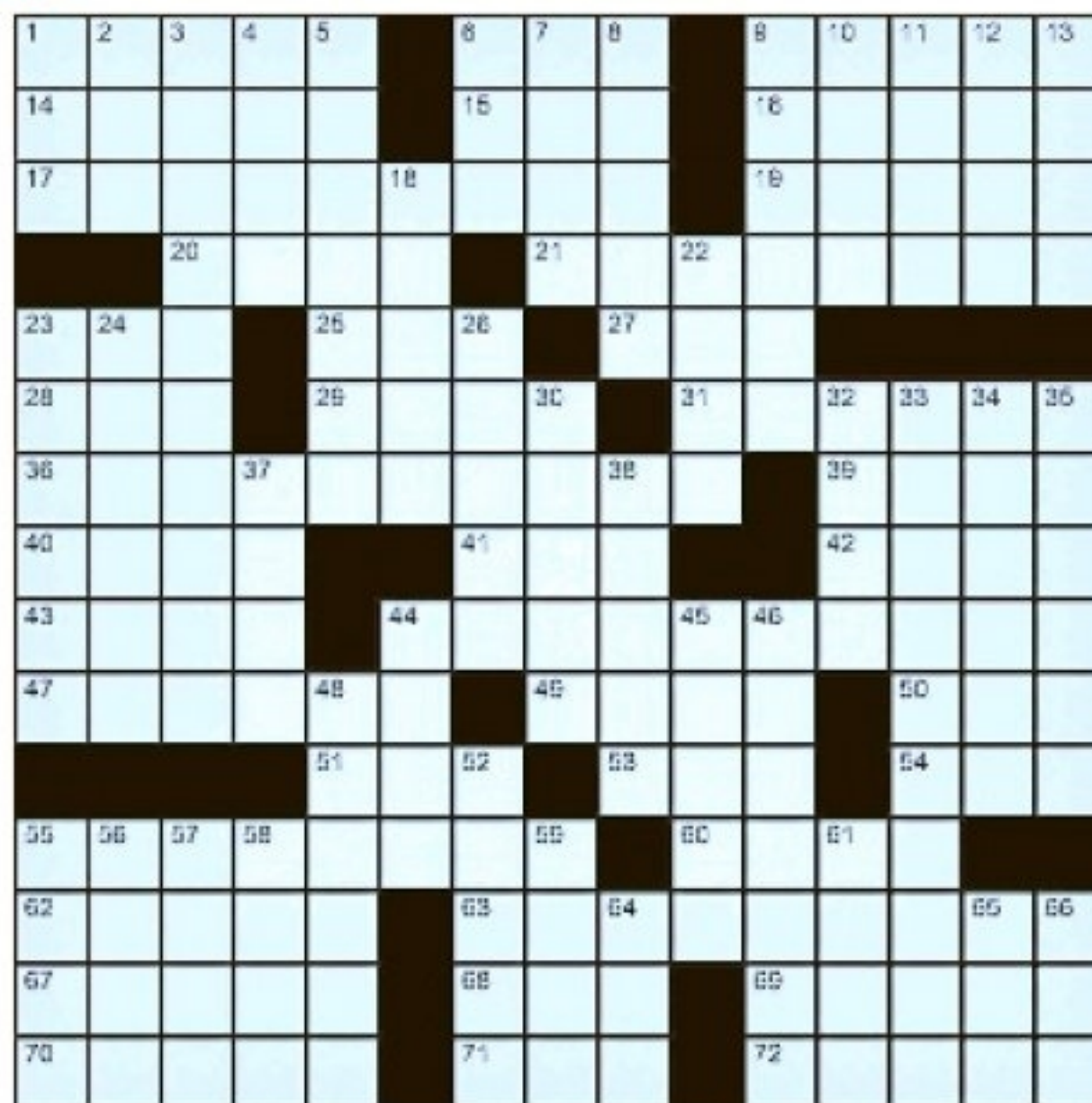
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. RIO 2016: Performance measurers in some sports
6. The Tragically __
9. Movie star Willem
14. Put on __ (Fake it)
15. Wheat: French
16. Catherine of "SCTV"
17. RIO 2016: Trained in the gym: 2 wds.
19. Western flick
20. __ fine line
21. RIO 2016: Seven-players-a-team court sport
23. Vox populi, vox __
25. Mil. rank
27. Half a Teletubby
28. Ms. Longoria
29. RIO 2016: Team Canada's symbol, Maple __
31. Boston nickname: 2 wds.
36. RIO 2016: Olympic sport
39. Ms. Braxton
40. Approve
41. RIO 2016: Rio's country, IOC-style
42. Mr. Onassis, et al.
43. The Yukon, e.g.
44. RIO 2016: Olympic sport, Artistic __
47. Ritzy expanse
49. Biblical son of Cush
50. Y-following alternative
51. Advantages
53. RIO 2016: IOC code for where Colombo is the capital
54. Poet's 'com-



monly'
55. RIO 2016: 'Village' denizens
60. Canadian star Mr. Thicke
62. "If" band
63. RIO 2016: IOC = International Olympic __
67. Mr. Manilow

68. Cooking amt.
69. Spiral-horned antelope
70. Madonna's "Vogue" beginning: "Strike __"
71. Musical note
72. President's Choice's Mr. Weston

DOWN

1. Spotted, to Tweety Bird
2. Veil heroine
3. RIO 2016: The Olympic sport of Judo: 2 wds.
4. Fashion designer, Marc __
5. Church part

6. Cable network
7. "___ Ya Papi" by Jennifer Lopez
8. Potpourri piece
9. "Zip-a-Dee-___"
10. Herman Melville's captain
11. Mirage, __ mor-gana
12. Mr. Hersher

13. Nobleman
18. Tree servicing company
22. RIO 2016: __, anthem
23. Dedicate
24. Calls forth
26. Type of cat
30. Pasture places
32. State: French
33. RIO 2016: Apparatus in #44-Across, __ Bar
34. Worldwide relief agcy.
35. Actress, Jacqueline __
37. Vega constellation
38. RIO 2016: Pool separators
44. Mannered man
45. 'A' of President James A. Garfield
46. RIO 2016: Olympic sport
48. Hippie t-shirt pattern
52. Factions
55. Swedish pop band
56. Pitfall
57. Saver of someone
58. Metallica's Mr. Ulrich
59. Fair
61. "Right back __" (Likewise)
64. US speed meas.
65. 'Client' completer
66. 'Jacob' suffix

*** IT'S ALL IN THE STARS by Sally Brompton**

Aries March 21 - April 20
For the next six weeks, you want to travel and explore! You also want to explore opportunities in publishing, the media, medicine, the law and higher education.

Taurus April 21 - May 21
Disputes about inheritances, debt and shared property might not be settled until October. Until then, be reasonable and patient, because this will help you.

Gemini May 22 - June 21
While Mars is opposite your sign for the next six weeks, it's easy to be impatient with others. (They seem to be so annoying!) After that, things return to normal.

Cancer June 22 - July 23
You're keen to work hard on the job to show others what you can do. Be careful you're not too bossy; ultimately, this is counter-productive.

Leo July 24 - Aug. 23
Competitive sports might be a strong focus for you in the next six weeks. You intend to go after what you want in terms of social plans, vacations and romantic intentions.

Virgo Aug. 24 - Sept. 23
Be patient with chaos and increased activity at home, because by October, this insanity will be history. Just go forward one step at a time. Relax.

Libra Sept. 24 - Oct. 23
Your communication skills are strong and forthright now, and they will stay that way until October. Use this to study, sell and write, but don't overwhelm anyone.

Scorpio Oct. 24 - Nov. 22
Your determination to boost your income is admirable. The trick is to reduce your spending. No matter how much you earn, if you spend more, you're in debt.

Sagittarius Nov. 23 - Dec. 21
You love the outdoors. Since Mars is in your sign until October, grab every chance you can to pursue physical sports and outdoor activities, because you need this outlet!

Capricorn Dec. 22 - Jan. 20
Secret love affairs, as well as behind-the-scenes activities, are your focus for the next six weeks. When in doubt, take the high road, because secrets eventually come out.

Aquarius Jan. 21 - Feb. 19
Competition with a friend or with a group through physical sports will be strong in the next six weeks. This same energy makes you a group leader.

Pisces Feb. 20 - March 20
Your ambition is aroused much more than usual until October. You can use this energy to accomplish something important. Be aware of this.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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